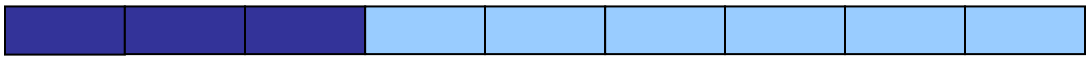1st Trimester (1-14 Weeks)