



North Central District Health Department Henry ~ Shelby ~ Spencer ~ Trimble Counties

1020 Henry Clay Street
Shelbyville, KY 40065
Phone: (502) 633-1243
Fax: (502) 633-7358

NEWS RELEASE

North Central District Health Department

FOR IMMEDIATE RELEASE

Date: March 28, 2008 @ 12:45 p.m.

Contact: Renee Blair, Public Health Director; Tony Millet, Public Information Officer

Health Department investigates foodborne outbreak at local restaurant

Updated Press Release

Shelbyville, Ky. – North Central District Health Department is continuing to investigate the foodborne outbreak that occurred on Easter Sunday in a local restaurant in Shelbyville, KY.

The Kentucky State Lab has issued preliminary results which are pointing to *Staphylococcus aureus* as the culprit of the recent foodborne outbreak at Claudia Sanders restaurant. However this is not definitive, this bacteria has been found in some specimens and not others. The lab has not identified any germ that is considered contagious or that can be passed from person to person at this time.

Staph is a common bacterium that can be found in a multitude of places, including food, inanimate objects and the human body. It is possible that more than 50% of healthy people carry this type of bacterium on their skin, in nasal passages and on the hair of the body.

According to the CDC the incubation period of *Staphylococcus* is ½ hour to 6 hours and runs its course through the body in about 2 days. These preliminary results follow a consistent timeline with self reporting information from patrons that have been calling describing their conditions from their illnesses.

The health department will continue to monitor the situation and issue further notices.

###