



North Central District Health Department

Protecting Henry, Shelby, Spencer, and Trimble Counties
1020 Henry Clay Street, Shelbyville, KY 40065
(502) 633-1243 www.ncdhd.com

For Immediate release

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North Central District Health Department's case count increases to 8, as more individuals test positive for Coronavirus (COVID-19) from Henry and Shelby County, KY.

Shelby County, KY – Two lab confirmed cases for Henry County, the first Henry County case is an adult female that is currently receiving medical treatment, the other case is an adult female who has a physical address in Henry County but has been residing out of state. Shelby County has two new cases, both are adult females one is under medical care and the other is self-isolating.

“Although it is a challenge, social distancing is key to how we can stop or slow the spread of the virus. It is critical that everyone engages in social distancing.”, said Roanya Rice, Public Health Director of NCDHD

District Cases by County:

- Henry – 2
- Shelby – 4
- Spencer – 2
- Trimble – 0

North Central District's epidemiology response team is currently tracking individuals that may have made contact with the person infected with COVID-19. When a positive case has been identified the individual is asked by the health department to recall the locations and people, they had visited 14 days before developing symptoms so the health department may conduct a contact investigation with close-contact individuals. The health department will contact all individuals that are determined to be close contact with the infected individual and educate them on self-monitoring and/or request them to self-quarantine at home. The individuals that are self-isolating are asked to remain isolated from other family members to help prevent the spread of COVID-19.



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The health department recommends these steps:

- Wash your hands for 20 seconds and often with soap and water, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.
- Maintain social distancing of at least 6 feet.
- Avoiding large crowds of individuals
- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose and mouth.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.

For additional information please contact Tony Millet at (502) 221-1795 or www.ncdhd.com

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